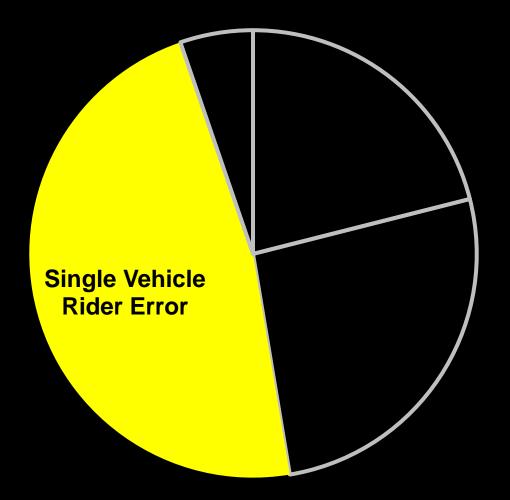
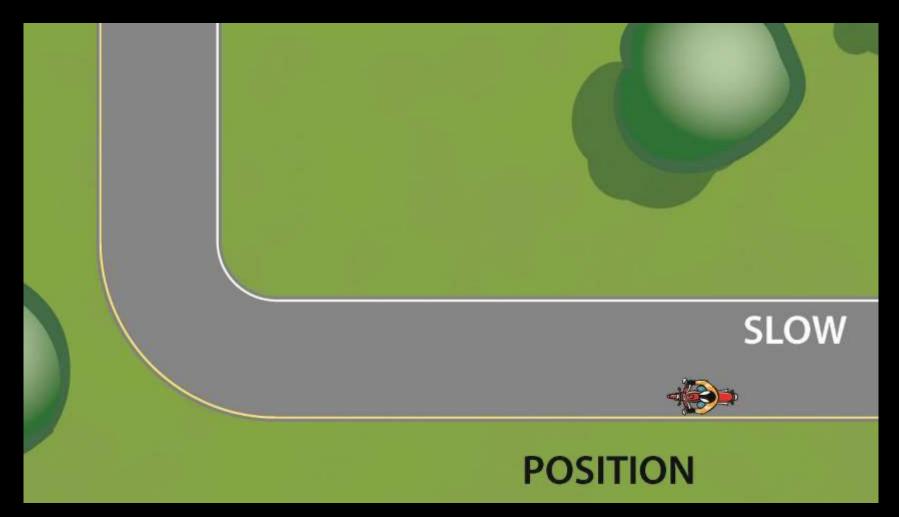
Crash Causation Factors



Video: Cornering



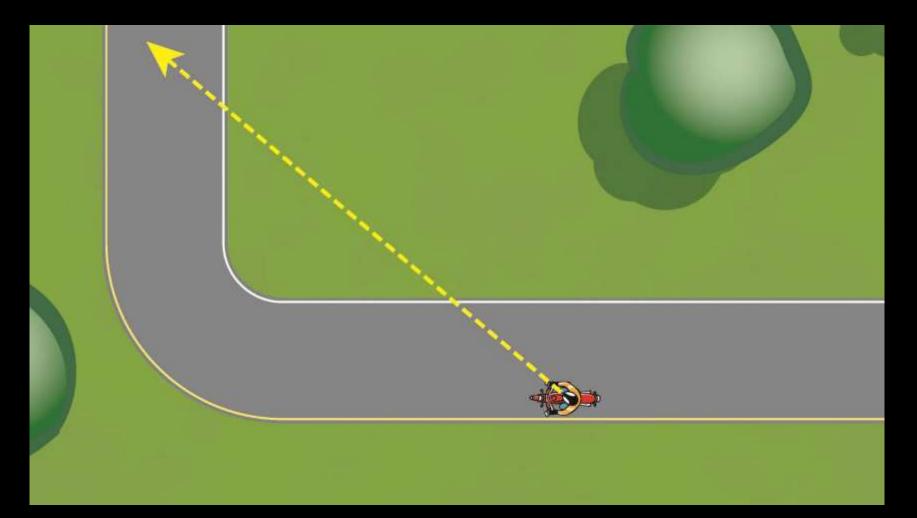




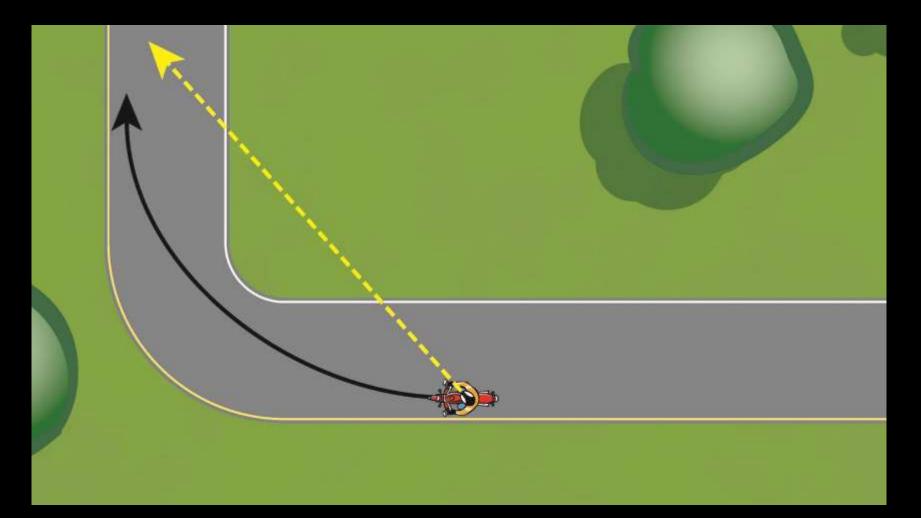
Aim Turn your head, face your target



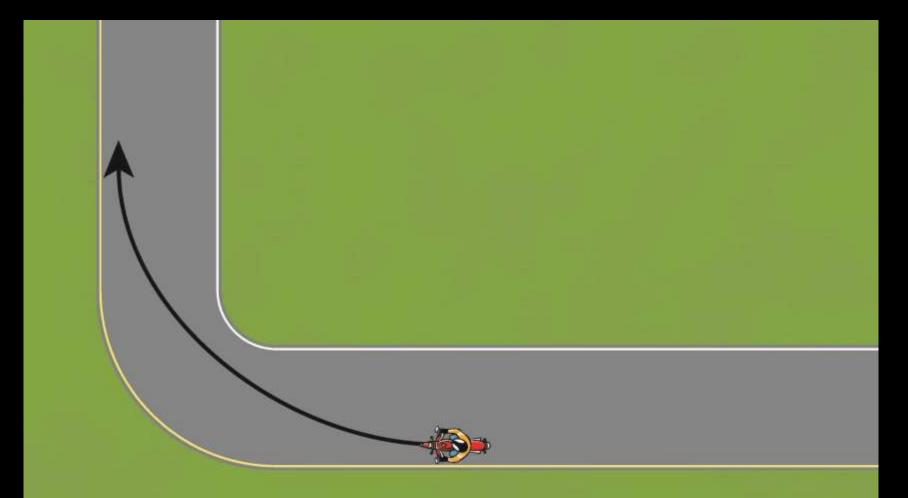




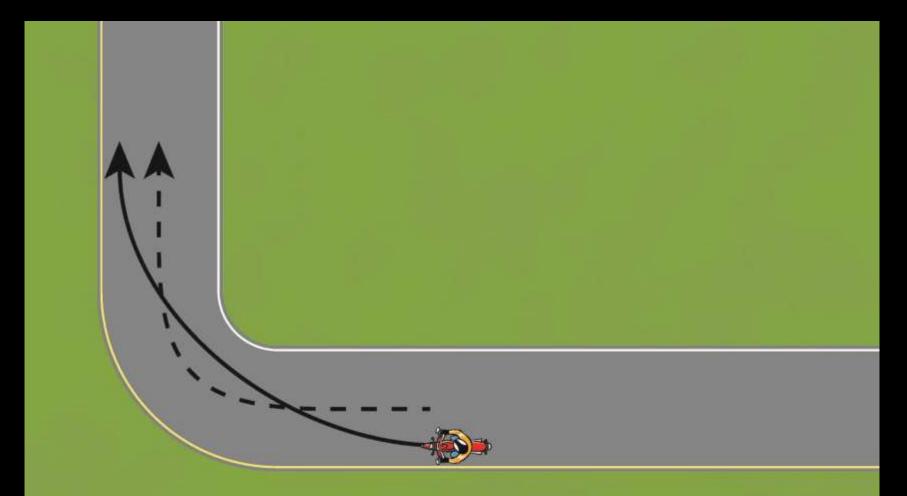




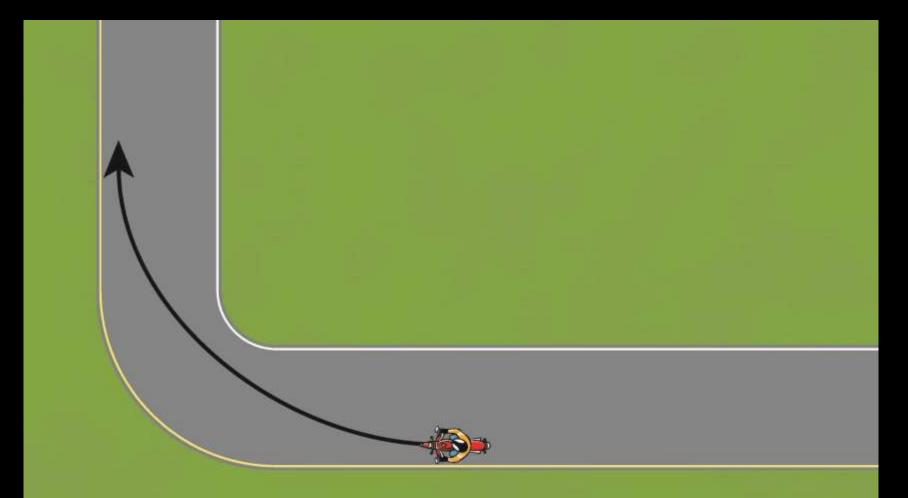
Choose a Good Line



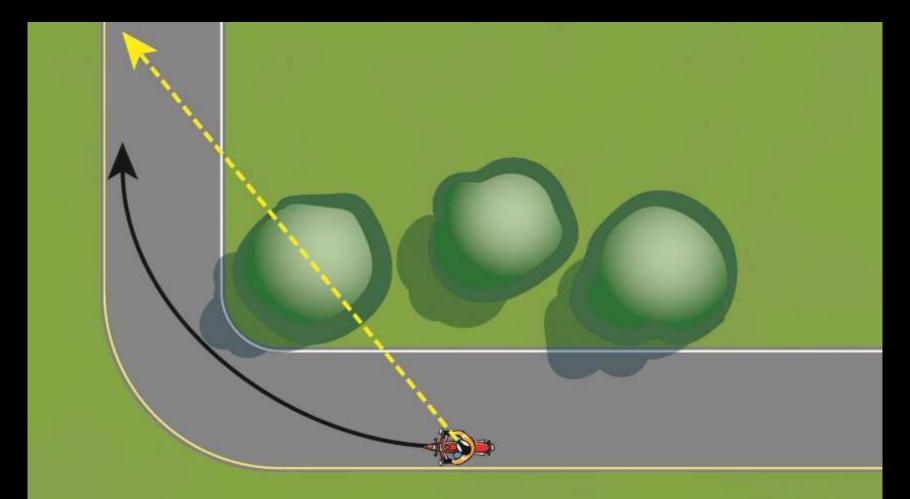
Standard Curve



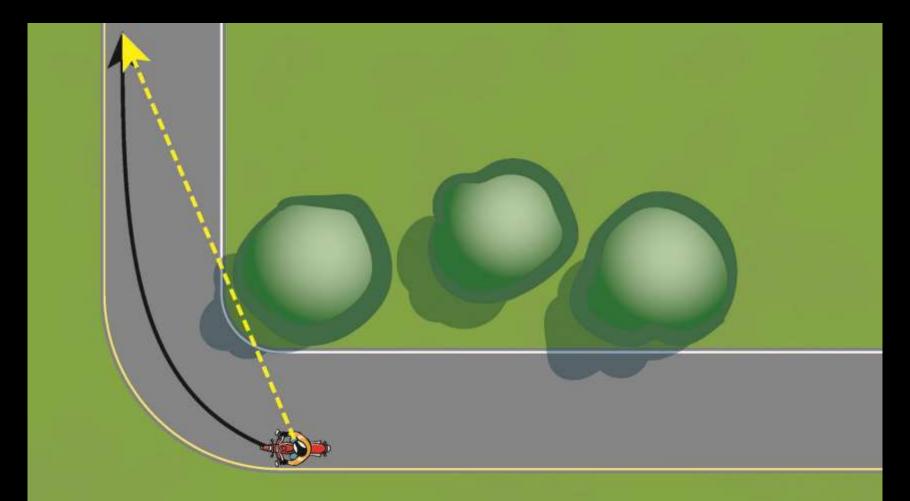
Outside-Inside-Outside



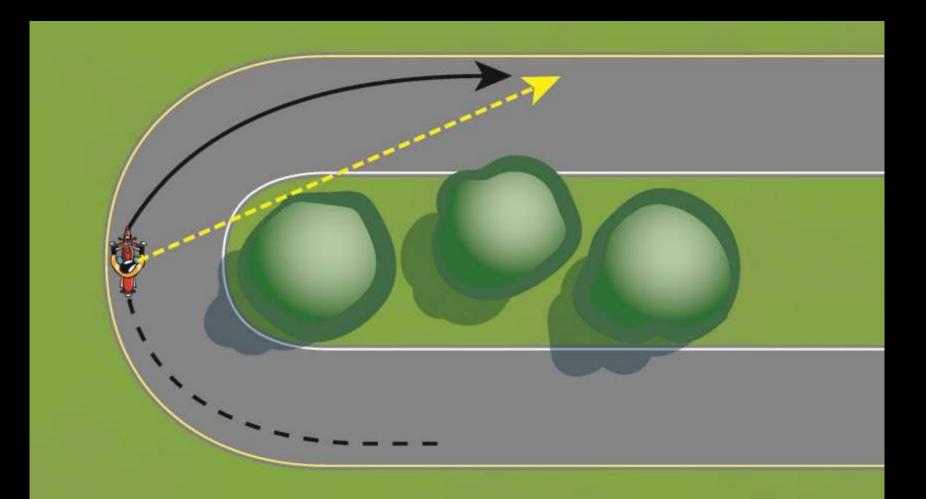
Blind Curves

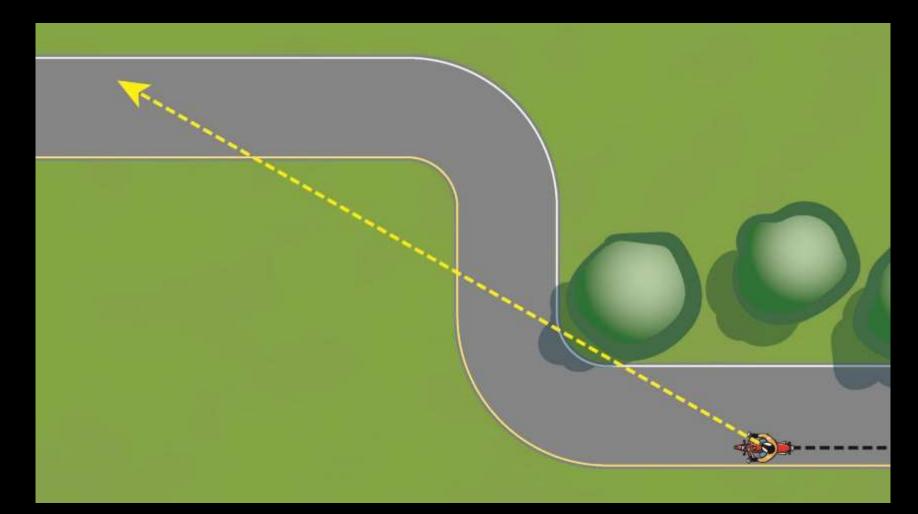


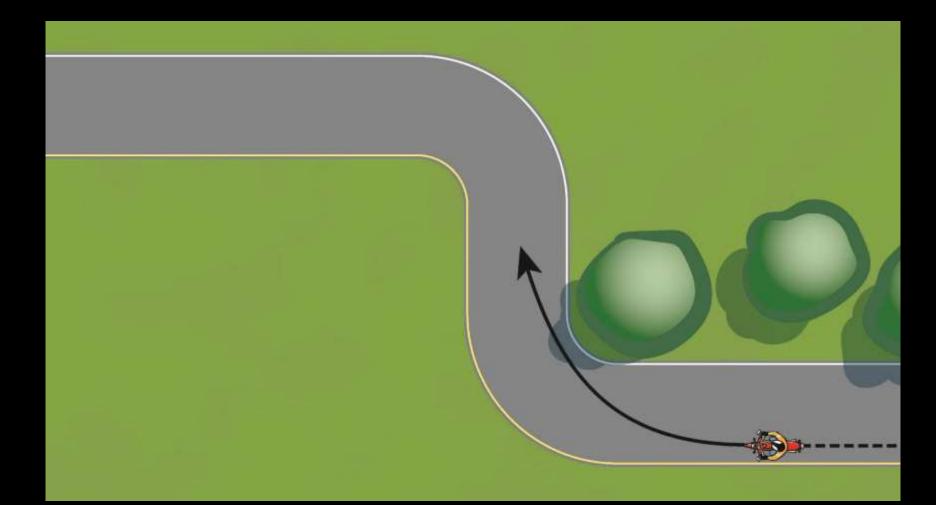
Blind Curves

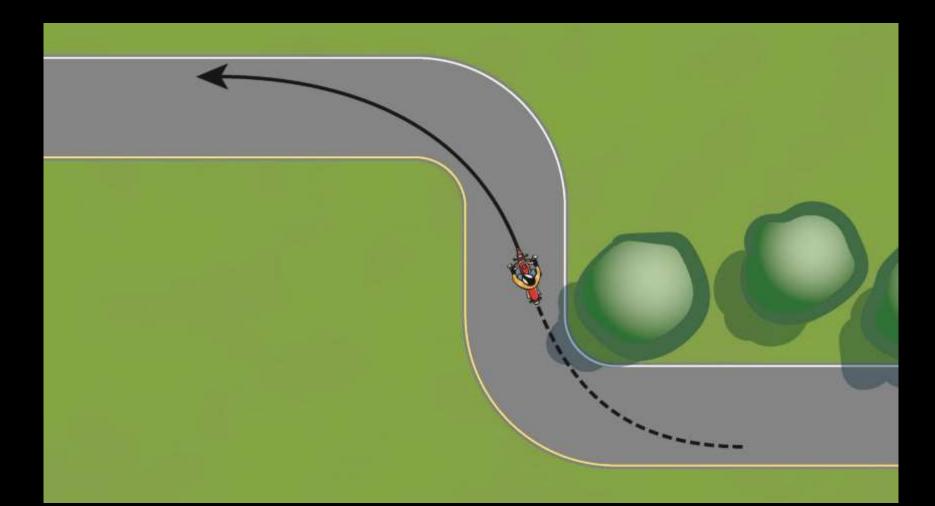


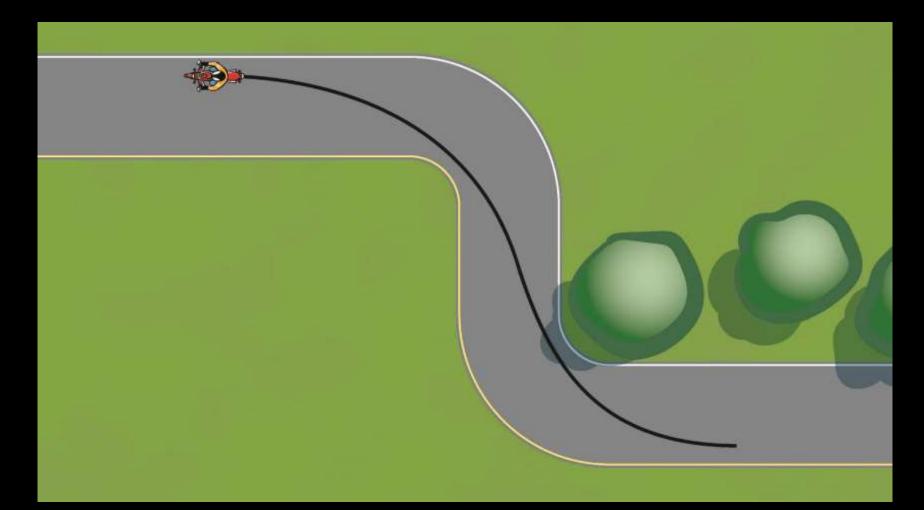
Decreasing-Radius Curves











Posture in Turns



Normal Turns: Lean with Bike



Tight Turns: Keep Body Upright

Cornering Review

. . .

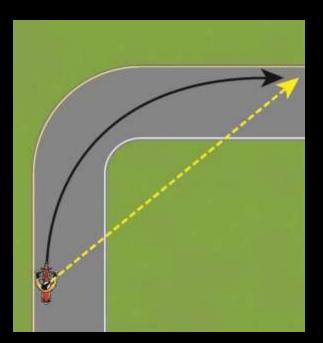
77

2. The four steps of cornering:

READY	Slow
AIM	Look
FIRE	Roll
	Press

2. The four steps of cornering:

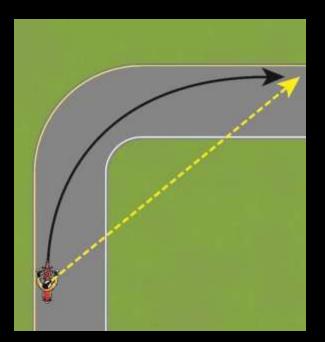
READY	Slow
AIM	Look
FIRE	Roll
	Press



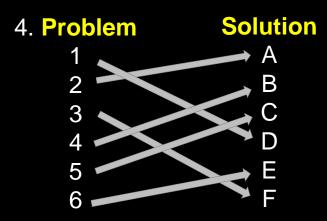
3. The outside-inside-outside path.

2. The four steps of cornering:

READY	Slow
AIM	Look
FIRE	Roll
	Press

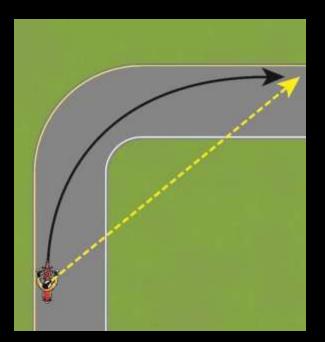


3. The outside-inside-outside path.

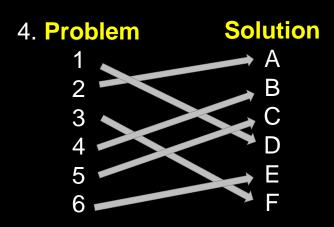


2. The four steps of cornering:

READY	Slow
AIM	Look
FIRE	Roll
	Press



3. The outside-inside-outside path.



5. When should you turn your head for a corner? Before you lean the bike.

Video: Stopping Quickly



Apply Both Brakes Fully

Front Smooth progressive squeeze

Rear Light pressure





Firm, Progressive Squeeze



Video: Stopping Quickly in Curves



Swerving



Look to Escape Route



Press Handgrip Firmly



Press Opposite Handgrip

