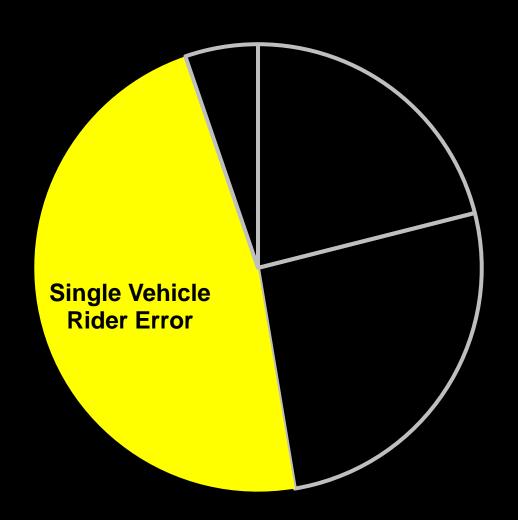
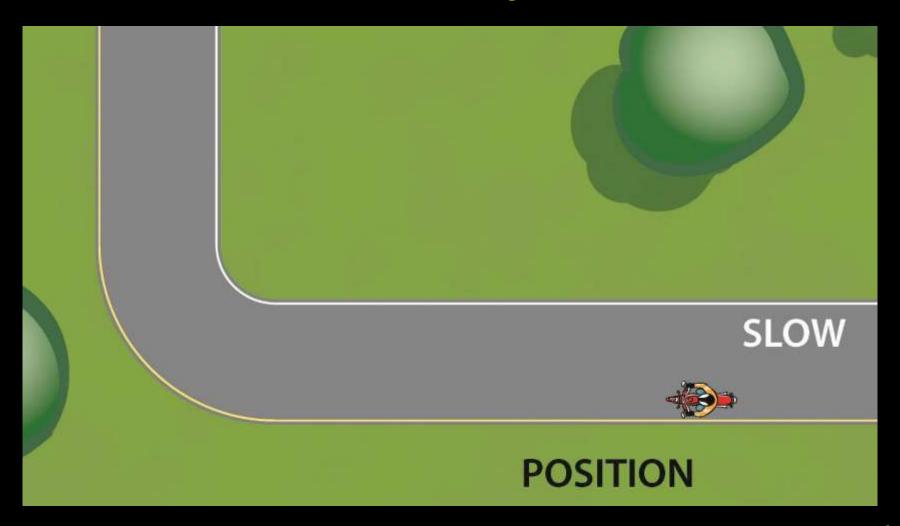
#### **Crash Causation Factors**



# Video: Cornering



# Ready

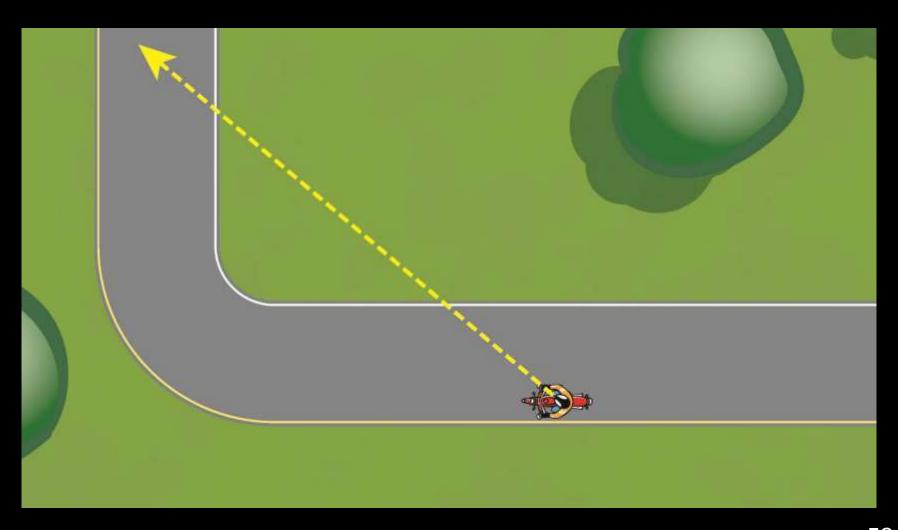


#### **Aim**

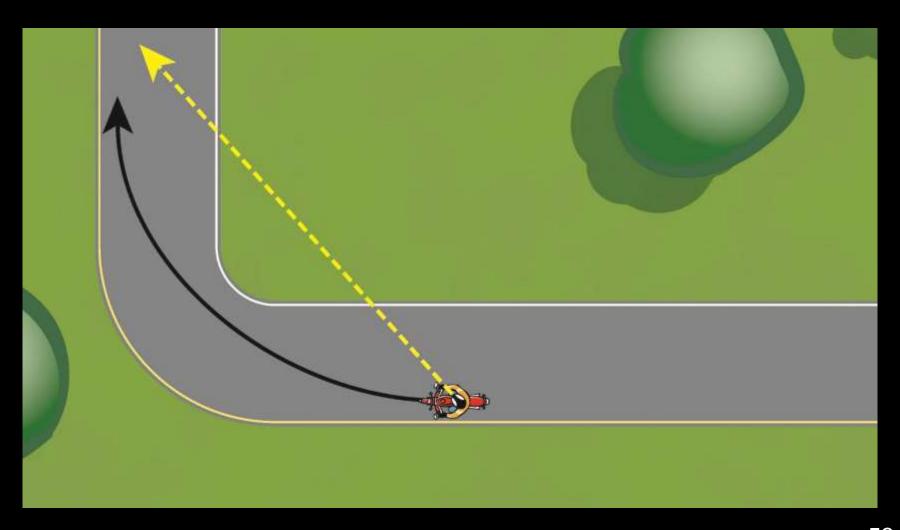
#### Turn your head, face your target



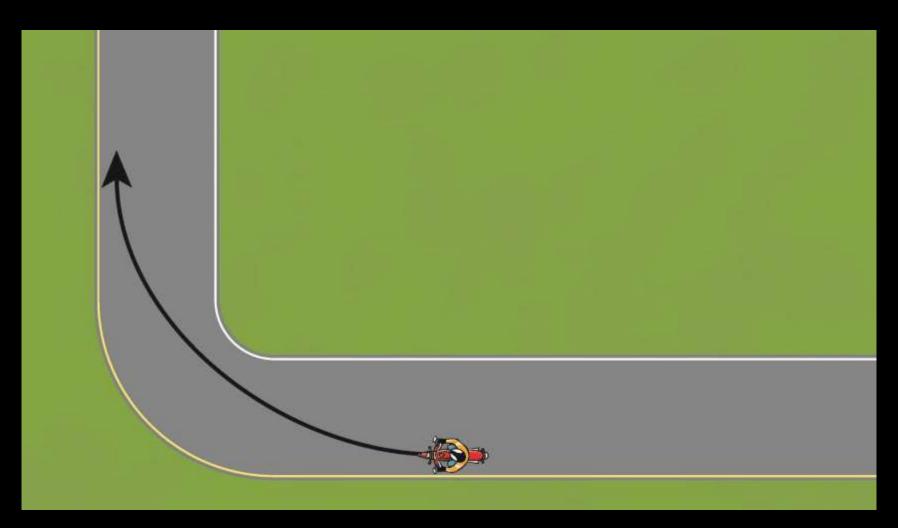
# Aim



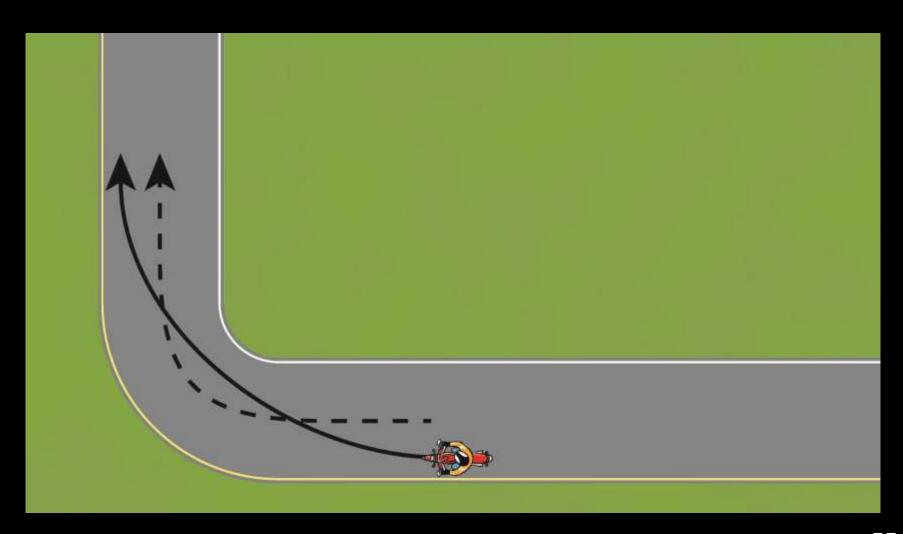
# Fire



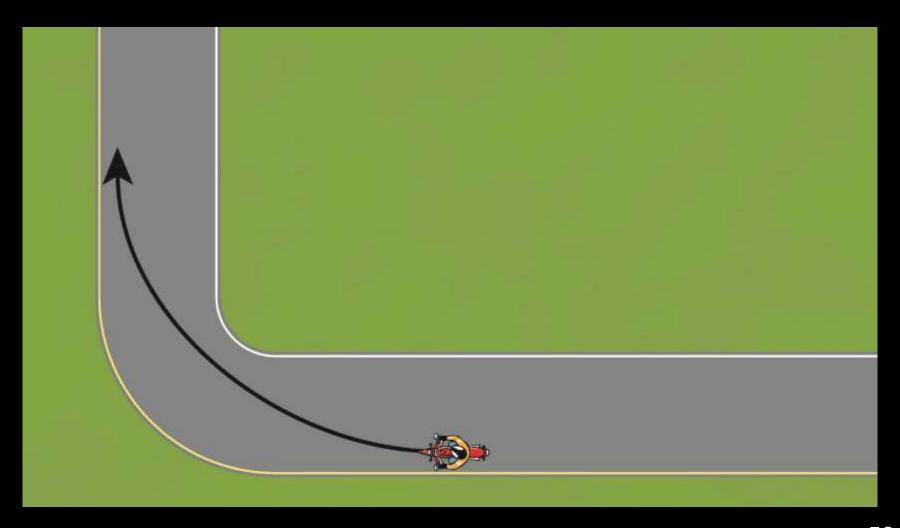
#### **Choose a Good Line**



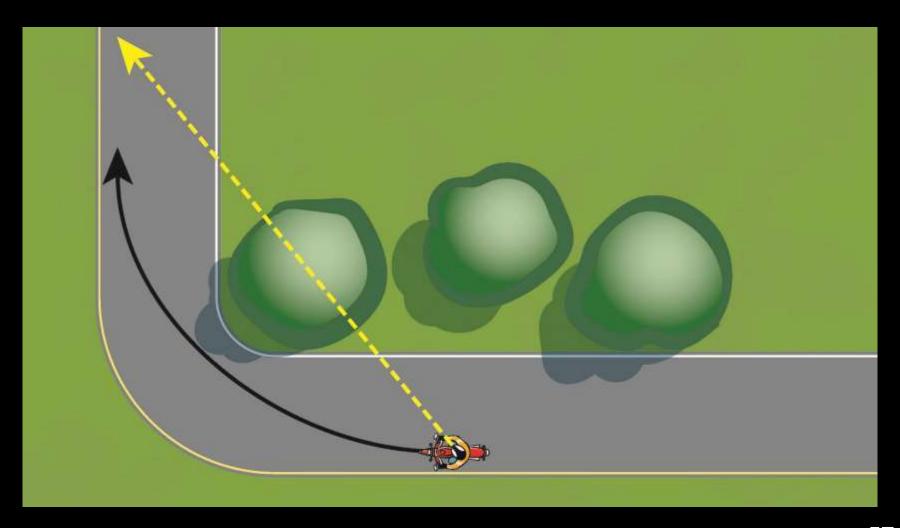
#### **Standard Curve**



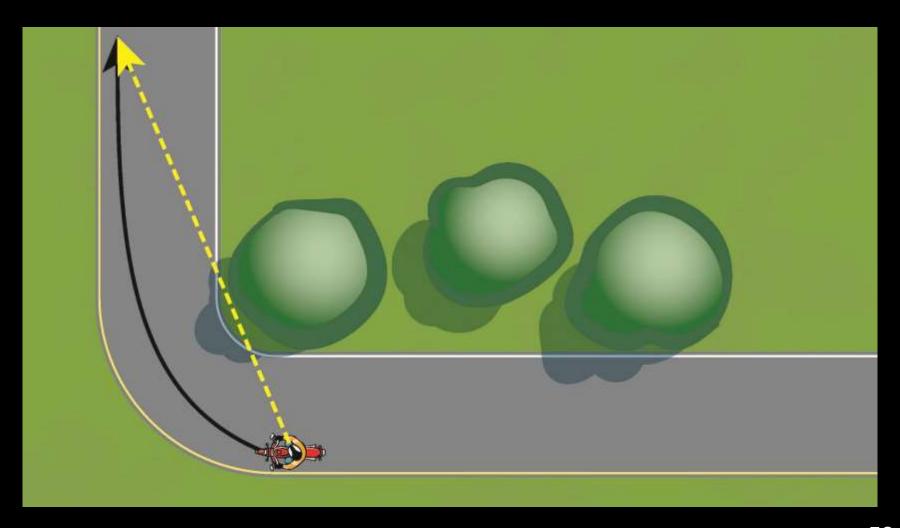
#### Outside-Inside-Outside



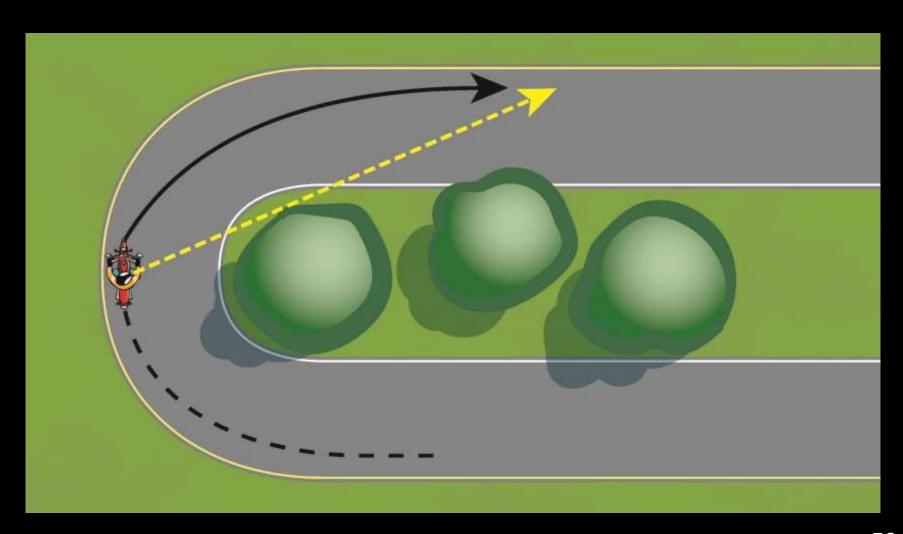
# **Blind Curves**

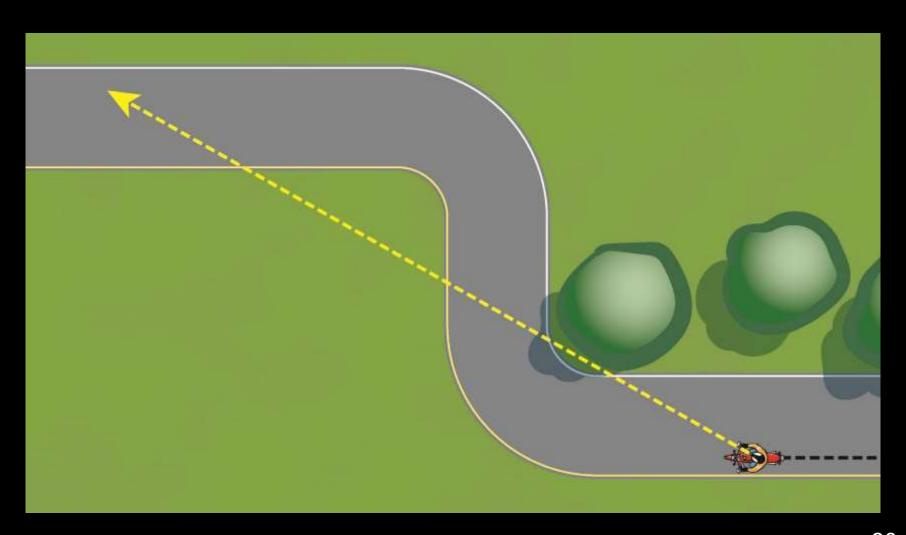


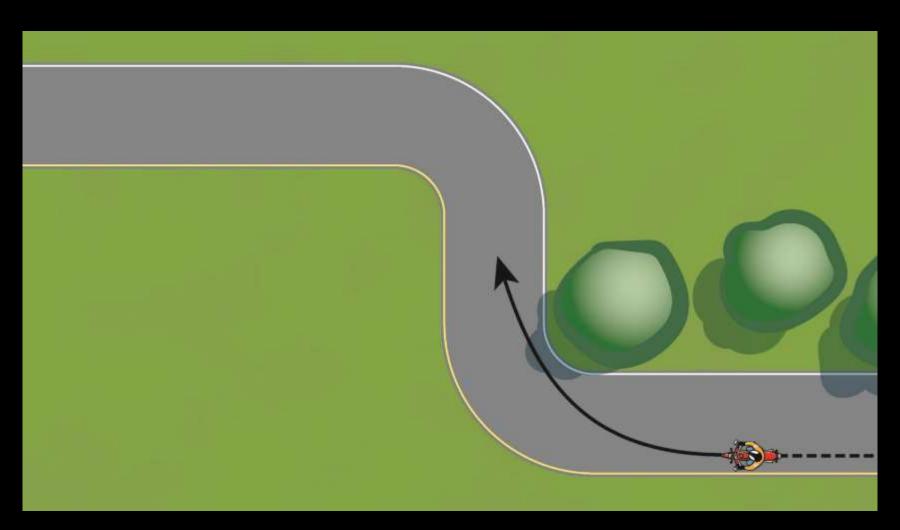
## **Blind Curves**

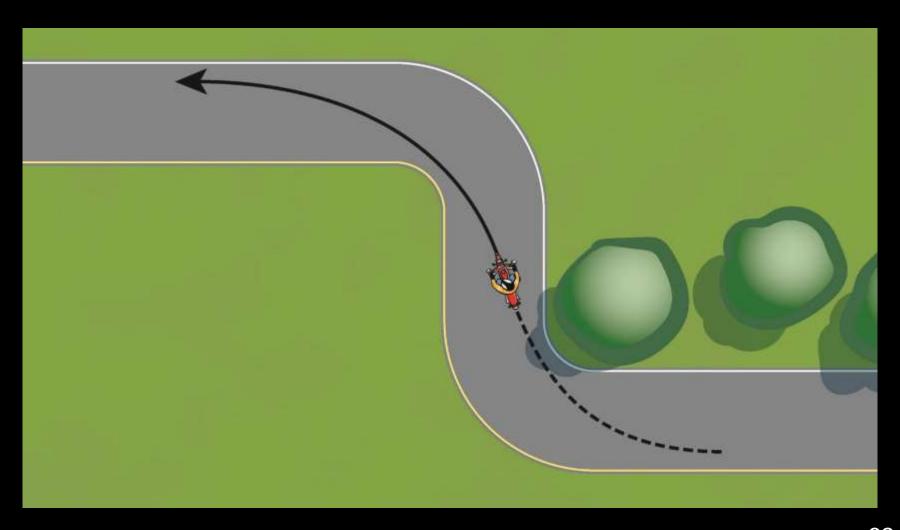


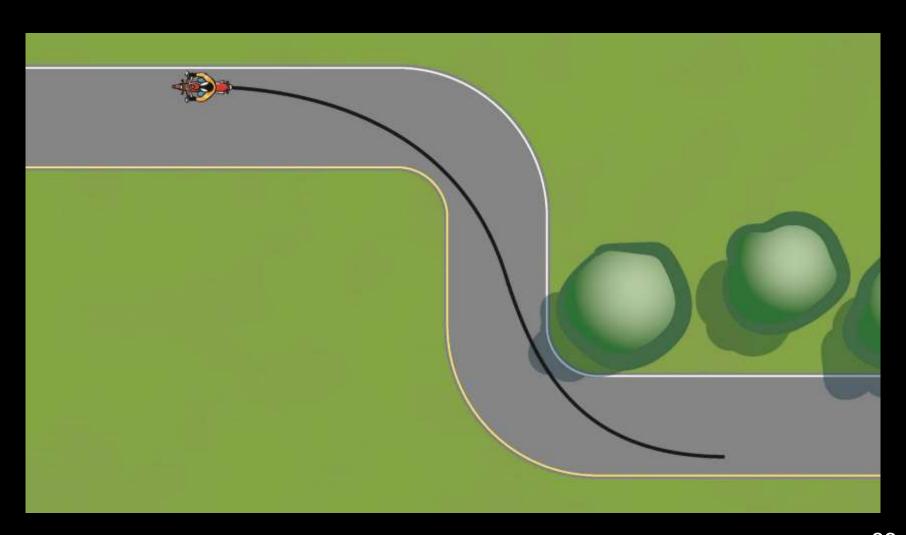
# Decreasing-Radius Curves











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# **Cornering Review**

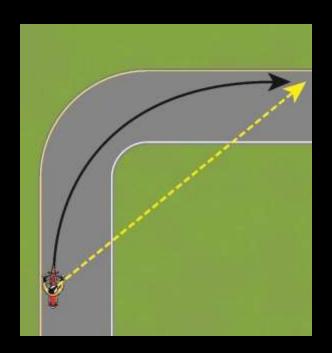
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#### 2. The four steps of cornering:

READY	Slow
AIM	Look
FIRE	Roll
FIKE	Press

#### 2. The four steps of cornering:

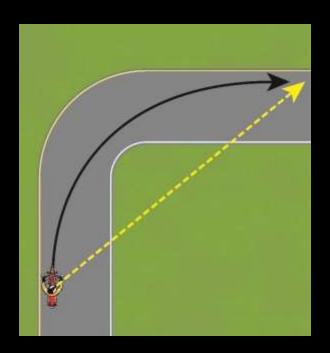
READY	Slow
AIM	Look
FIRE	Roll
FIKE	Press



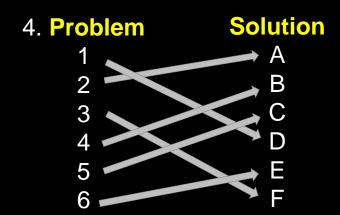
3. The outside-inside-outside path.

#### 2. The four steps of cornering:

READY	Slow
AIM	Look
FIRE	Roll
FIKE	Press



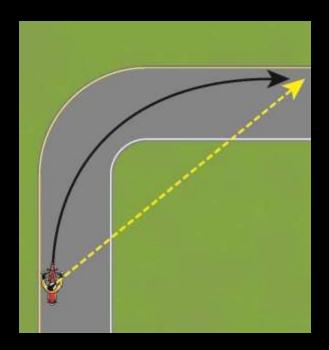
3. The outside-inside-outside path.



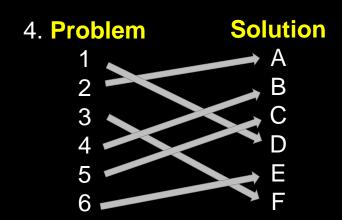
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#### 2. The four steps of cornering:

READY	Slow
AIM	Look
FIRE	Roll
FIKE	Press



3. The outside-inside-outside path.



5. When should you turn your head for a corner? **Before you lean the bike**.

# Video: Stopping Quickly



# **Apply Both Brakes Fully**

Front
Smooth
progressive
squeeze

Rear Light pressure



# Firm, Progressive Squeeze



# Video: Stopping Quickly in Curves



# Swerving



# Look to Escape Route



## **Press Handgrip Firmly**



# Press Opposite Handgrip





### **Gravel and Sand**

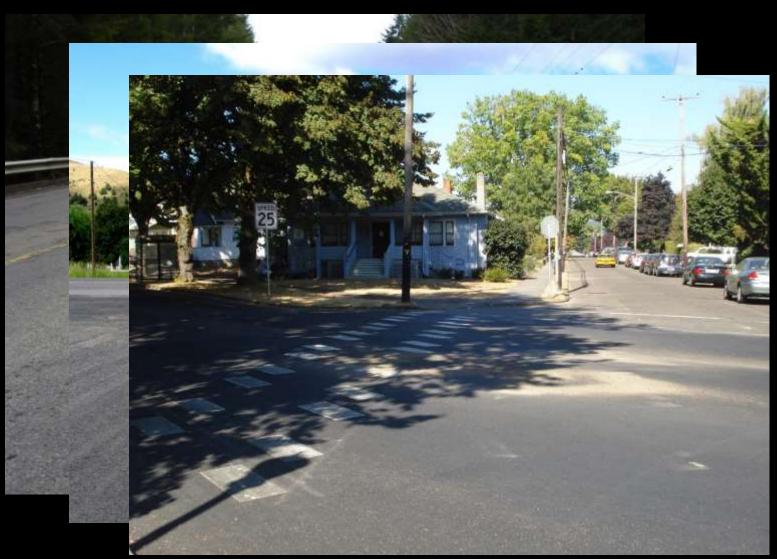


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### **Gravel and Sand**



#### **Gravel and Sand**



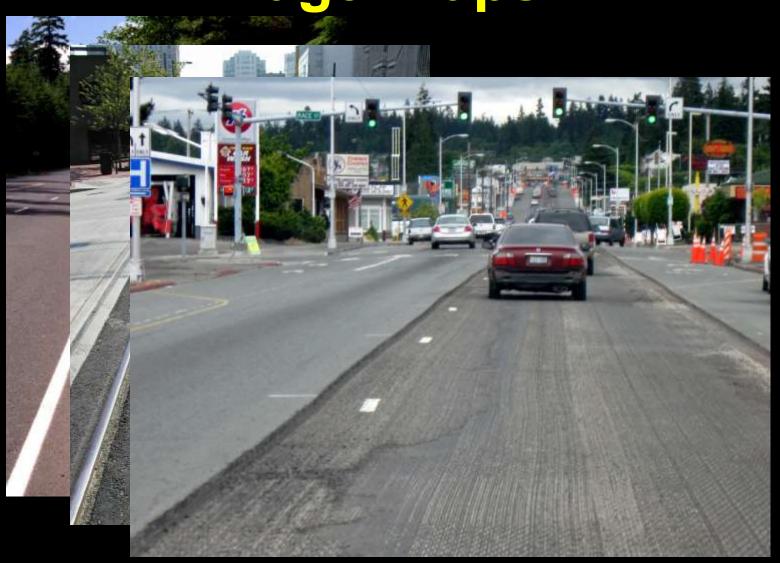
# **Edge Traps**



# **Edge Traps**



# **Edge Traps**

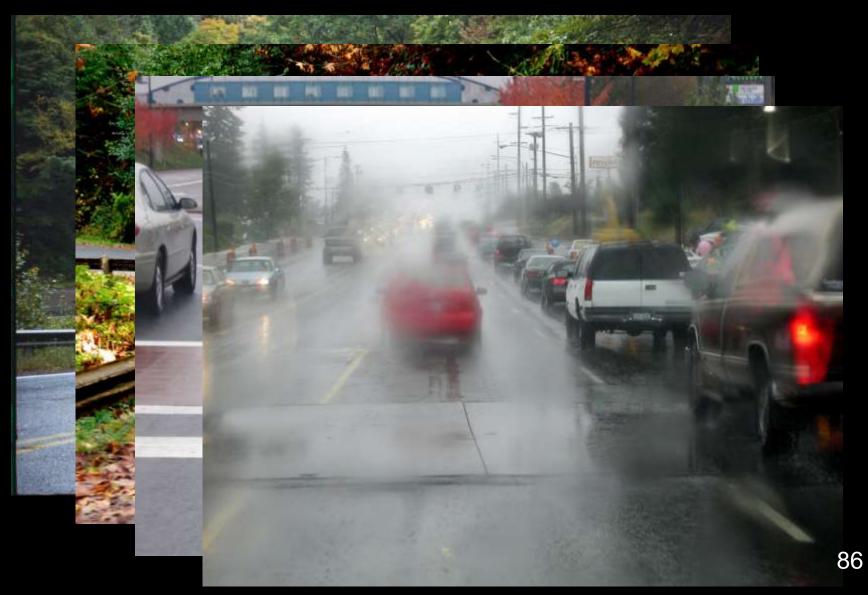




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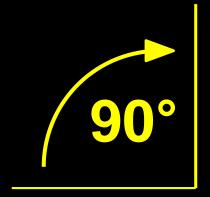


# Surface Hazard Strategy Choose path, then keep eyes up Reduce lean/angle (90°) Be smooth on controls

### Reduce Lean

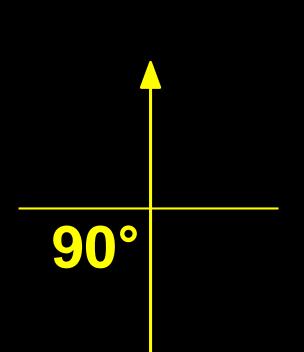


#### Reduce Lean





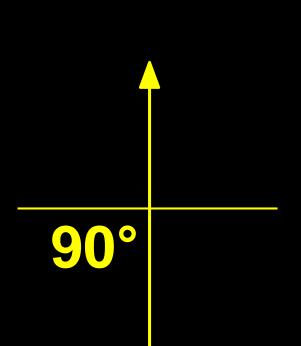
## Cross at 90° Angle







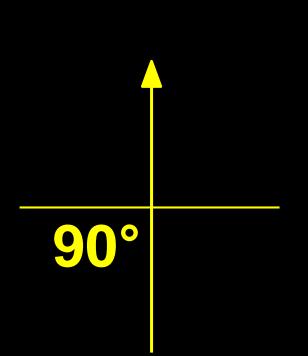
## Cross at 90° Angle







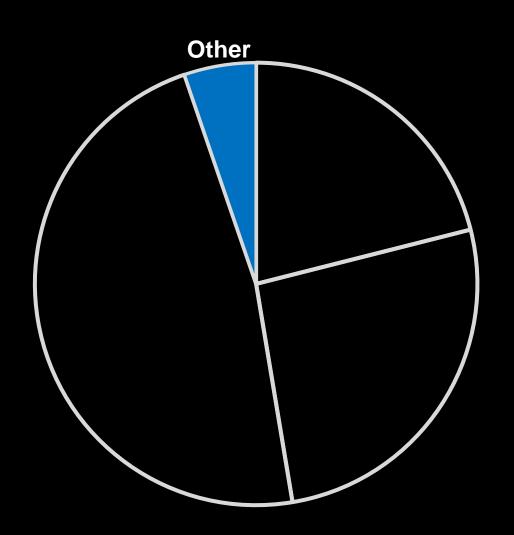
# Cross at 90° Angle



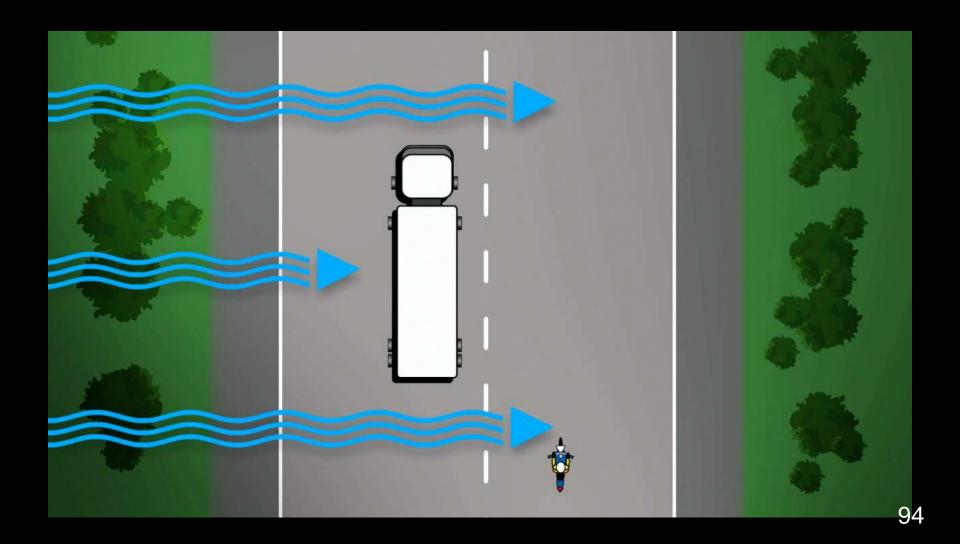




#### **Crash Causation Factors**



#### Wind



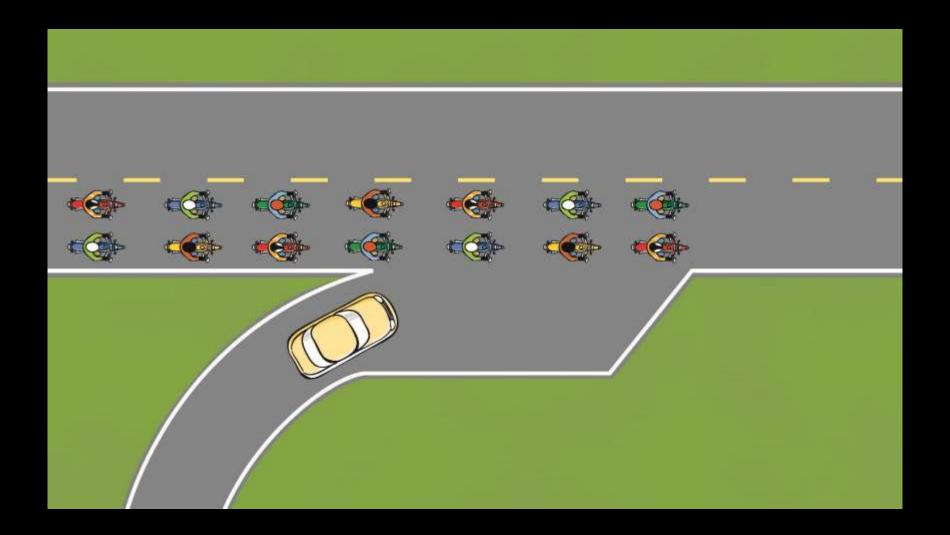
### Video Clip: YouTube



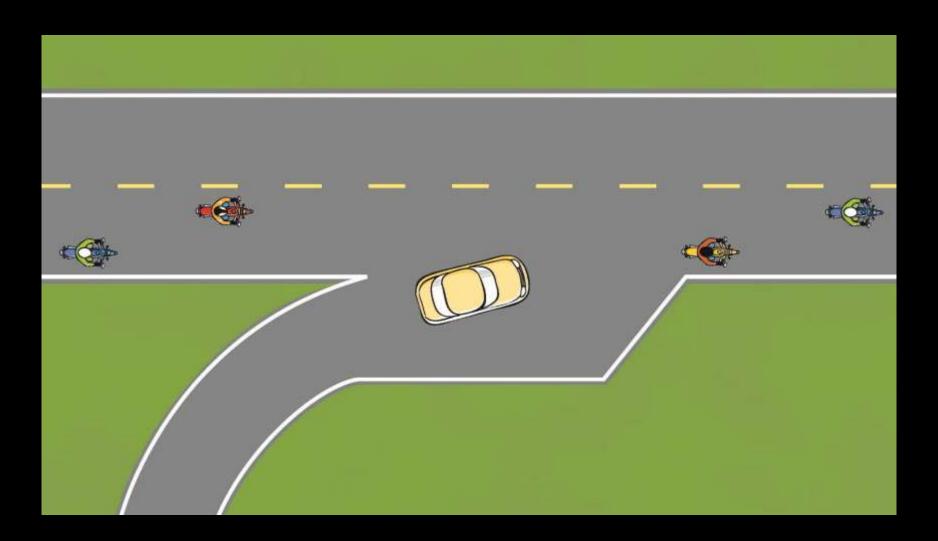
#### **Staggered Formation**



#### **Poor Riding Formation**



#### **Better Riding Formation**



#### **Impairment Defined:**

Any mental or physical condition that affects motor skills, vision, judgment or attention.

# Field Sobriety Testing Measures of Impairment

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Image courtesy NorthEscambie.com.

# Field Sobriety Testing Measures of Impairment

Impaired judgment



Image courtesy NorthEscambie.com.

# Field Sobriety Testing Measures of Impairment

Impaired judgment

**Divided attention** 



Image courtesy NorthEscambie.com.

# Field Sobriety Testing Measures of Impairment

Impaired judgment

**Divided attention** 

**Impaired vision** 



Image courtesy NorthEscambie.com.

# Field Sobriety Testing Measures of Impairment

Impaired judgment

**Divided attention** 

Impaired vision

Coordination and Balance



Image courtesy NorthEscambie.com.

# Field Sobriety Testing Measures of Impairment

Impaired judgment **Divided attention** Impaired vision Coordination and Balance **Blood alcohol concentration** Image courtesy NorthEscambie.com.

SIPDE







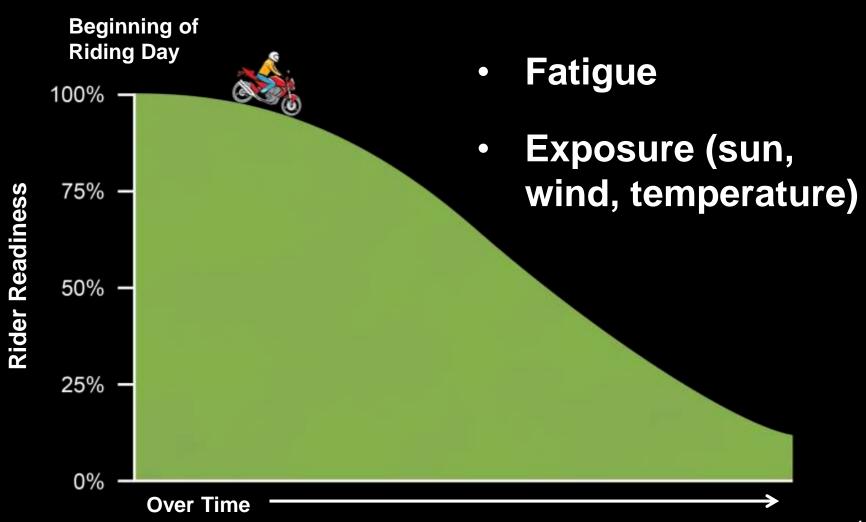
SIPDE







#### Pathway to Impairment



### **Looking Ahead**

- Distraction
- Emotion
- Peer pressure
- Medications
- Health conditions
- Aging













# Assess Before You Ride

- Distraction
- Emotion
- Peer pressure
- Medications
- Health conditions
- Aging

#### Rider Readiness Checklist

- ✓ Physically: Rested and able
- ✓ Mentally: Prepared and attentive
- ✓ Judgment: Unimpaired
- ✓ Clothing: All the gear, every time
- ✓ Conditions: Weather, roadway, traffic
- ✓ Motorcycle: Fueled and serviced

#### Don't Bite Off Too Much



**Long-Distance** 



**Passengers** 



**Group Rides** 

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#### Don't Bite Off Too Much



**Long-Distance** 



Passengers



**Group Rides** 

## Range Rules

- 1. Wear all protective gear when seated on the motorcycle.
- 2. On the range, cover the clutch lever with four fingers at all times this enables you to immediately remove power from the rear wheel, if necessary.
- 3. Keep your throttle hand in a low wrist position with four fingers around the handgrip.
- 4. On the range, do not "cover" the front brake while moving forward. Keep all four fingers wrapped around the throttle unless using the front brake.

### Range Rules

- 5. Always check all around you before moving.
- 6. Don't crowd other riders leave plenty of space between you and them.
- 7. Do not pass unless instructed to do so.
- 8. Use the engine cut-off switch to stop the engine, and then turn off the ignition key.

•••

## Range Rules

- 9. If you have a problem, move out of the way, stop, and signal your instructor.
- 10. If you don't understand an exercise, ask your instructor for clarification.
- 11. If you have a health concern or disability, please see one of your instructors.
- 12. Riding a motorcycle can be dangerous. It is your responsibility to stop training if you feel uncomfortable, unsafe, unable to concentrate, unable to follow directions, fatigued, or pushed beyond your limits.